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Dimitris Zavras was born in Athens in 1968 and studied Physics at the National & Kapodistrian University of Athens.

His postgraduate studies include an M.Sc. in Applied Physics from the University of Massachusetts, an M.Sc. in Statistics from Athens University of Economics and Business, an M.Sc. in Healthcare Management from the National School of Public Health and a Doctorate (Ph.D.) in Health Services Research and Health Economics from the University of Thessaly (Department of Economics).

He is currently Assistant Professor at the University of West Attica and Faculty Member of the Hellenic Open University. In the past, he has taught at the University of Peloponnese, at the Neapolis University Pafos (Cyprus) and at the Athens University of Applied Sciences.

Dimitris Zavras' research interests focus on the utilization of healthcare services, the healthcare provider choice, the unmet healthcare needs and the health status.

He is a member of the Hellenic Scientific Society of Health Economics and Health Policy and of the Hellenic Society of Public Health. He is also a member of the Hellenic Society for Healthcare Services Management.